

**“Imagine How Your Life Will Transform when You
Discover the Blueprint for Authentic Living”
Walk Victoriously into Your Destiny and
“Live Your Life by Design”**

*Come Discover How to Create an Authentic Life by
shedding unnecessary luggage, changing your mental
diet and birthing your dreams.*

From: Sandra Chaney

Dear Sister,

I have a few questions to ask you.

Have you **hit a ceiling** where you are no longer moving forward? Are there **secrets** from your past that you have never dealt with and laid to rest? Do you commit to things because you feel **obligated** and not because you want to do it? Do you find yourself making the same mistakes over and over again?

If you answered yes to any of those questions, please keep reading as this message is for you.

In my work - teaching, coaching and encouraging women, I have discovered that many of you are feeling stuck. You are no longer happy with the life you are living. However, you are putting on a good show because most people would never know it. Most people would never know that you secretly wish you were no longer in that relationship, or that your child is struggling with an addiction or that you, yourself, are having health issues. **No one would ever know because you hold it together so well.** You have been able to do a great job at hiding your pain and regret.

I have also learned that there are a lot of you who have been hurt, neglected or abused in your past. **And, you have dealt with it by burying it and forgetting.** However, oftentimes, without even realizing it, you've allowed these hidden, painful experiences to define who you are. You became who those people or those experiences said you were. The consequences of those situations became the basis of how you operate and carry on in your life. Then, finally, when you realized that you weren't happy and that there had

to be more to you than this, you covered it up by overcompensating, by becoming superwoman and by becoming a master at pleasing people.

You became a pretender; embracing the role and playing the part that you had been assigned.

But, my sister, there is a great deal more to you than that!

There is so much more to you than the roles that society has assigned to you. And, I am speaking about the core of who you are as “the person”. This goes beyond how others may have defined you and even beyond how you may have defined yourself based on society’s labels.

So, to help you break free of this burden, I want to share the process that helped me transform my life so that I no longer had to function as a counterfeit. **It is a blueprint – a systematic sequence of strategies, steps and techniques that I personally used to transform my own life and the lives of the women that I have assisted through teaching and coaching.** Now, I am making this blueprint available to you so that you too can soar!

“Your Life by Design: An Architectural Reassessment of Your Spirit, Your Mind and Your Body”

Based on the teachings in my Transformational Book, “The Woman Within: It’s an Inside Job”

You will discover that this blueprint shows you how to take charge of your life so that you no longer live your life by default but by **your own design.**

This program will help you determine:

- Why you’ve done all you know to do and you are still not getting ahead.
- Why you feel so alone even though you are surrounded by friends and family and what you should do about it
- Who you truly are beyond your roles (i.e....daughter, mother, wife, prayer warrior, friend, etc.)
- How to **rid yourself of strongholds and negative thoughts** that are holding you back
- How to stop repeating the same mistakes over and over again
- How to be whole and **walk in pure love**
- The steps to knocking down the prison walls you have built around your heart so that the real you can break free

If you have been around my work and know my story, you will know that it was only by the grace of God that I was able to coach myself out of a life of mediocrity, overwhelm

and people pleasing. **I had to do this in order to become the victorious woman that God has called me to be today.** I realized that God didn't move me out of that place just to bless me. He transformed my life so that I could help other women who are also ready to define themselves by who God says they are instead of allowing the world to tell them who they are.

[Click Here to Sign Up Now](#)

“Your Life by Design: An Architectural Reassessment of Your Spirit, Your Mind and Your Body”

In this 6 week tele-course program, I will capitalize on my experience as a **conqueror**; of child abuse, an abusive marriage, abandonment issues and homelessness and now as an anointed transformational author, speaker and coach, to help you **discern** and **uncover** the root of your problems so that you too can walk into your greatness.

In the **“Your Life by Design”** Program, You will:

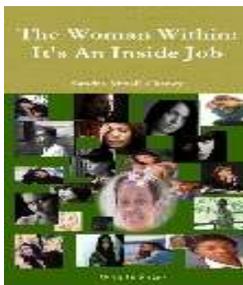
1. **Relinquish** past hurts, failures and disappointments for good
2. Shed the secrets of your past and start living a **life of freedom**
3. Replace fear and struggle with **balance** in your spirit, mind and body
4. Shorten your timeline to success
5. **Dream at a much bigger level** by changing the way you think
6. Accelerate your journey to living an authentic life; full of joy, peace and wealth
7. Replace the life you have with the **life of your dreams**

In this 6 week telecourse program, you will receive:



6 Weekly Tele-classes + Bonus Session (Mondays 8pm)

1hr tele-course session each week, where I will personally teach and walk you through my life changing blueprint - Each session will help you redesign your life by addressing a core life area



The Woman Within: It's An Inside Job ebook.

This book offers a definitive and transformational process for Living your Authentic Life! It provides you with winning strategies you can use to transform your life.

“Your Life by Design: An Architectural Reassessment of Your Spirit, Your Mind and Your Body”

Based on the teachings in Sandra’s Transformational Book, “The Woman Within: It’s an Inside Job”

In this powerful program, we will address the following topics:

Session 1 - The Woman Within

Are you your own worst enemy? This is your introduction to you, the person.

- Who is she?
- How to confront the real you

Session 2 – Defining You

The light you allow in determines the treasures you have stored. Let in bad light, you will reap it in your spirit. Let in good light and you will store up treasures of love, faith forgiveness, etc. In this session, we will explore what and who is defining you.

- Who and what is defining you?
- Who or what is the common denominator?
- What kind of light are you letting in?

Session 3 – It’s an Inside Job

The power to change is within you. Change takes action and this is where the real work begins.

- Where do you begin?
- The Love and Fear Factor: Can they coexist?

Session 4 – Change your mental diet

What are you speaking forth into your life? In this session, we will get to the core of how to transform your life by changing your mental diet.

- Sowing and reaping your words
- How to go on a word diet

Session 5 – Throw away unnecessary luggage

Are you going somewhere? Where are you headed? If you are weighted down with useless baggage, it is time to release it now. This is what we will be addressing in this session.

- Determine where you are so that you can see where you are going?
- Dealing with the baggage/clutter?

Session 6 – Your Heart

What you have in your heart will manifest in many different ways. What is the vision you have written there? Understanding this concept is essential to transforming your life. This is what we will cover in this session.

- What is written on your heart
- Understanding the containers of your heart
- Starting your own personal revolution within your self



BONUS Session – Writing A New Story

Be true to yourself. Be who you were created to be. Find your voice and bring forth your own powerful authentic message. This is where we will bring it all together and you will begin implementing your very own life by design

- Birthing your dreams
- The Steps

Only \$297 Click Here to Register Now
Payment Plan Available

What I'm about to share with you in this program will transform your life

YOU Will

- Cancel out fear with **LOVE**
- Stop allowing others to define you and **Define Yourself**
- Relinquish past hurts, failures and disappointments
- Walk victoriously into your **Destiny**
- Produce **Good Fruit** in your life
- Live Authentically and **Abundantly**
- Subdue the earth and Walk in all **Authority**
- **Live the life of your Dreams**

Start Living Your Life by Design Today!

The Program begins Monday, March 14, 2011

Only \$297

Payment Plan Available

Click Here to Register Now

It is urgent that you release the loneliness, the people pleasing, the weight issues, the low self esteem, the bitterness and the un-forgiveness so that you can be free.

Free to Love more, live life to the fullest, fulfill your passions and dreams and love unconditionally!

It is time for you to spread your wings and soar!

6 week telecourse series + 1 Bonus Session (Total of 7)

The “The Woman Within” ebook

Only \$297

Click Here to Register Now

This is an incredible value for the teaching and coaching you will receive in this 6 week tele-course series. In addition, you will receive a BONUS session to help you integrate these transformational strategies into your new life.

Get in today!

Sincerely,

Sandra Chaney

P.S. Design your own life now.

P.P.S Start the excavation process today!